

The Sabbath As It Relates to the Leader

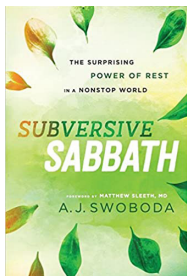
JIM GALVIN

When it comes to the Sabbath, Jim Galvin says there is no one size fits everyone model. The Sabbath is a gift that God gives you where in which you have the ability to use a day to pursue things that bring you closer to God and bring you peace.

For Deeper Conversation

1. A sustaining and intentional rhythm of work, rest and play is important for anyone's long-term health. What habits and aspirations do the members of your leadership team have for their rhythms?
2. What does intentionally shutting it all down for the refreshment of body, mind and soul look like for the members your team? What prevents them from doing so?
3. What messages does your organizational culture send about deliberately taking time to honor God and one's family through rest, worship and companionship with others?
4. What insights and next steps do team members take away from this discussion?

Going Deeper Still



Subversive Sabbath

by A.J. Swoboda

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To connect with Jim, head to convenenow.com/jimgalvin